



TVCCA SENIOR CAFE MENU - APRIL 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> 	<p>Chicken & Broccoli Alfredo Penne Pasta Green Beans Fresh Fruit</p> <p>3</p>	<p>Steak Fajitas w/ cheddar cheese & flour tortillas Spanish Rice Chuck Wagon Vegetable Blend Sweet Treat & Juice</p> <p><u>Ethnic Celebration</u></p> <p>4</p>	<p>Stuffed Shells w/ marinara Carrot Coins Bean Medley Applesauce Cup</p> <p>5</p>	<p>6</p>
<p>9</p> 	<p>Meatloaf w/ gravy Garlic Mashed Potatoes Capri Vegetable Medley Fruit Cocktail</p> <p>10</p>	<p>Pesto Grilled Chicken Rice Pilaf Spring Vegetable Mix Fresh Orange</p> <p>11</p>	<p>Crispy Cod Macaroni & Cheese Scandinavian Vegetable Blend Pears w/ mandarin oranges</p> <p>12</p>	<p>13</p>
<p>16</p>	<p>Lemon Herb Haddock Rice Pilaf Italian Vegetables Applesauce Cup</p> <p>17</p>	<p>Pot Roast w/ carrots, onions. & gravy Mashed Potatoes Tossed Salad Assorted Pie Juice</p> <p><u>Special Celebration Meal</u></p>  <p>18</p>	<p>Cheese Omelet Hash Brown Potatoes Stewed Tomatoes Fruit Cocktail</p> <p>19</p>	<p>20</p>
<p>23</p>	<p>Stuffed Chicken w/ broccoli & cheese Roasted Potatoes Carrot Coins Diced Peaches</p> <p>24</p>	<p>Salisbury Steak w/ gravy Seasoned Rice Chuck Wagon Vegetables Sweet Treat & Juice</p> <p>25</p>	<p>Cheese Manicotti w/ marinara Lima Beans Zucchini Fresh Fruit</p> <p>26</p>	<p>27</p>
<p>30</p> 			<p>1% milk and whole grain bread are served with each meal. Menu is subject to change without notice.</p>	<p>Senior Nutrition Program 81 Stockhouse Road Bozrah, CT 06334 860-886-1720</p> <p>(24hr voice mail available)</p>