






May 2017

Pomfret Senior Center



Monday	Tuesday	Wednesday	Thursday	Friday
Birthdays: Nancy N. Dot D. Ana F. Joan R.	³ 9:00-11:30– Chair Caning 10:30– Tai Chi	³ 10:30-Activity Planning Mtg 12:00– Birthday Celebration 12:30– Bingo	⁴ 12:30– Wii Golf/Bowling	⁵ 
⁸ Jim J. Ken S. Tom M. Joyce S.	⁹ 9:00-11:30– Chair Caning 10:30– Tai Chi 12:00– Presentation on Christopher Heights	¹⁰ 12:15– Movie- “Bridge of Spies”	¹¹ 12:30– Laugh Out Loud!- Bring your best belly laughing clean jokes	¹²
¹⁵	¹⁶ 9:00-11:30– Chair Caning 10:30- Tai Chi 12:30– Trivia	¹⁷ 10:30– Guided Meditation w/ Barbara 12:30– Bingo	¹⁸ 10:00– Blood Pressure Clinic 12:15– Crocheting with Nancy Trip to New Britain Art Museum	¹⁹
²²	²³ 9:00-11:30– Chair Caning 10:30– Tai Chi	²⁴ 12:15– Movie- “Inferno”	²⁵ 12:30– Pet Pictures followed by a Pet Care Discussion	²⁶
²⁹ 	³⁰ 9:00-11:30– Chair Caning 10:30– Tai Chi	³¹ Memorial Day Celebration and Cook out! 12:30– Bingo		



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*** Lunch is served at 11:30 daily**

*** Details on all programs and
 activities are available in the
 Newsletter**